

# British Heart Foundation

The British Heart Foundation's (BHF) vision is a world free from the fear of heart and circulatory diseases. We raise money to research cures and treatments, so we can give people more time with the ones they love.

We fund around £100 million of research each year into all heart and circulatory diseases and the things that cause them. Heart diseases. Stroke. Vascular dementia. Diabetes. They're all connected, and they're all under our microscope.

Sheffield students have been supporting the BHF since 2013 by donating unwanted items at the end of term. In that time, Sheffield students have helped us raise £898,000! This year, we are aiming to reach £1m of sales in Sheffield from students donated items.

The list of items we can accept is vast, from good quality clothing and shoes, to kitchenware and accessories. There are a few items we are unable to accept, such as duvets, pillows, knives and food.

Not only do your donations help fund research but they also drive sustainability and reduce waste. Sheffield students have diverted 513 tonnes of reusable items from going to landfill thanks to their donations since 2013.

